



news and information
for employees of the
City of Saint Paul

July 28, 2000

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Nickelodeon's Big Helpmobile arrives

August 17th

On Thursday, August 17th, kids will have the opportunity to connect with their community by participating in volunteer activities, learning about local organizations, and going through the Nickelodeon Helpmobile, a trailer with interactive computer programs about volunteering.

Mounds Park at Earl and Mounds Boulevard is where volunteer projects will start at noon, 1:00, 2:00, and 3:00. Kids can join a City of Saint Paul Parks staff member for a 45-minute project to help care for beautiful Mounds Park. Activities are planned for kids aged six to twelve, and kids should dress for working outdoors.

All kids must be accompanied by a parent or guardian the entire time, with no more than three kids to an adult.



The Nickelodeon Helpmobile will be on display between 12:00 and 4:00 p.m. Kids can tour the Helpmobile, color, join in a volunteer activity, or listen to presentations from local organizations.

The United Way will be on hand with presentations about kids' programs they operate through the What'sUp? hotline, and Second Harvest will be collecting non-perishable food donations. Nickelodeon (www.nick.com) is also donating a tree to Saint Paul, which will be planted that day.

See BIG HELPMOBILE, p. 2

Attend the Employee Picnic August 3rd

All City Employees and their families are invited to the City of Saint Paul's annual Employee Picnic on Thursday, August 3rd, at the Como Park East Picnic area from 4:30 p.m. to 9 p.m.

Entertainment will include music by Joe Juliano. Carousel and carnival rides are nearby, as is the Como Zoo, Sparky the Sea Lion, and miniature golf. The Japanese Garden will be open. (The Conser-

vatory will be closed that evening for a private gathering.) There will be games for all ages.

All food and beverages are provided. Food will be served from 5 p.m. to 7 p.m., and beverages will be served from 4:30 p.m. to 9 p.m.

To make this picnic a success, volunteers are needed to work for just half an hour. If you can help, call Marlene Maurer at 266-6508.

www.ci.stpaul.mn.us

Places to go. Things to do.

ilovesaintpaul.com

BIG HELPMOBILE continued from p. 1

The Big Help:

- Connects kids with their community through volunteering.
- Reaches parents and adults with the Big Help message that kids can make a difference.
- Gives kids a hands-on Big Help experience in their town that is fun and informative.
- Educates kids about volunteering opportunities in their hometown.

Volunteers are needed to assist inside the HelpMobile, and with supervising kids' activities. If you're interested in volunteering from 11:30 a.m. to 4:30 p.m. on Thursday, August 17th, please contact Leah Otto at 651-266-6646 or at leah.otto@ci.stpaul.mn.us.

Volunteers are needed:

- Inside the Nickelodeon Helpmobile six adults are needed to supervise kids as they tour the Helpmobile. Its interactive computer programs are designed to help kids

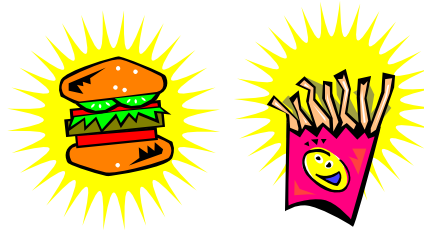
learn about volunteering and how they can make a difference in their communities.

- Outside, ten adults are needed to assist Parks staff as they take groups of kids out for weed pulling and picking up trash. Volunteers will be asked to help supervise the kids, and support Parks staff.
- At the home base, five adult or teen volunteers are needed to help kids check in for activities, and help presenting organizations set up, and answer questions.

Fast Food Frenzy

As we all know, fast food has become a part of the busy American lifestyle. As we often hear, fast food is high in calories, sodium, fat, and cholesterol. This does not mean fast food is bad, but it does mean you should fit fast food into a balanced, healthful diet.

To help make healthier fast food choices, the Minnesota Attorney



General's Office has developed an interactive Food Finder questionnaire which will identify the calorie, fat, sodium, and cholesterol counts of menu items from popular fast

food restaurants, based on the companies' own nutritional analyses. Visit the www.olen.com/food web site to calculate the exact calorie count for your favorite fast food order, or to find foods lower in calories, fat, or sodium. The web site is based on the Fast Food Facts book developed by the Minnesota Attorney General's Office, and also suggests other helpful books related to nutrition.

City job openings as of July 28th, 2000

Application deadline	Job title	Bi-weekly or hourly salary rate	Exam date
08/02/00	Claims Manager	\$2,222.78	See Job Ann
Open	Clerical assistant (part-time)	\$9.00 per hr	See Job Ann
Open	Clerk-Typist II Spanish/Bilingual Speaking	\$23,840.00 annual	See Job Ann
Open	Clerk-Typist II (full & part-time)	\$23,800.00 annual	See Job Ann
Open	Communications Tech Helper (seasonal/full-time)	\$11.90 per hr	See Job Ann
Open	Communications Technician	\$1365.82	See Job Ann
Open	Communications Technician Trainee	\$1171.33	See Job Ann
Open	ECC Telecommunicator	\$1308.98	See Job Ann
Open	**Food Service Assistant (part-time)	\$9.01 per hr	See Job Ann
Open	Food Service Helper (part-time)	\$8.00 per hr	See Job Ann
Open	Golf Ranger (part-time/seasonal)	\$6.17 per hr	See Job Ann
08/07/00	Historic Preservation Specialist	\$1,600.88	See Job Ann
Open	IS Information/Technical Analyst II	\$1397.98	See Job Ann
Open	IS Information/Technical Analyst III	\$1550.12	See Job Ann
Open	IS Systems Support Specialist II	\$1148.08	See Job Ann
Open	IS Systems Support Specialist III	\$1397.98	See Job Ann
Open	Food Service Assistant (part-time)	\$9.01 per hr	See Job Ann
Open	Food Service Helper (part-time)	\$8.00 per hr	See Job Ann
Open	Life Guard (temporary)	\$7.25 per hr	TBN
Open	Park Aide (part-time/seasonal)	\$7.06 per hr	See Job Ann
Open	Refectory Attendant (part-time/seasonal)	\$9.17 per hr	See Job Ann
Open	Senior Pool Attendant (part-time/seasonal)	\$8.75 per hr	See Job Ann
Open	Swimming Pool Supervisor (part-time/seasonal)	\$10.25 per hr	See Job Ann
07/28/00	Volunteer Coordinator	\$14.90 per hr	See Job Ann
Open	Water Safety Instructor (temporary)	\$7.75 per hr	TBN

** This is a walk-in-examination. Do not submit a job application before the test.

Note: Call or visit the Office of Human Resources to receive the official job announcement for these positions. Location: 400 City Hall Annex. Phone: 651-266-6500 (TTY/TDD 651-266-6501) or visit the website: www.ci.stpaul.mn.us/jobopenings. For jobs announced after July 20th, please call our 24-hour job line, 651-266-6502.